

BREAKFAST

Served
until
NOON

Sundays until 1pm

 **Gluten Free Option \$1**

Aunt Gussie's Classic \$8

Two eggs with your choice of bacon or sausage, served with home fries and toast.

Eggs Benedict \$13

A classic! Two poached eggs nestled atop Canadian bacon and lightly toasted English muffins. Topped with a creamy homemade hollandaise sauce and served with home fries.

Training Day \$13

Four scrambled egg whites served with sliced tomatoes, avocado, toast and fresh fruit.

The Breakfast Platter \$13

Three eggs with bacon, sausage, sliced tomatoes, home fries and toast.

Chorizo Breakfast Burrito \$13

Scrambled eggs, chorizo sausage, rice, re-fried beans, cheese and salsa. Topped with sour cream and fresh guacamole.

Buddha Bowl \$15

Roasted veggies, home fries, avocado and locally made kimchi or kraut. Topped with pumpkin seeds.

Eggs Nilo \$13

Two poached eggs on sliced tomatoes & spinach, topped with a homemade hollandaise sauce. Served with avocado and fresh fruit.

Cake & Eggs \$11

Two pancakes, two eggs with bacon or sausage and toast.

BUILD YOUR OWN OMELETTE \$13

Served with: Bacon or Sausage
Home Fries & Toast

Choose **3** of the following to build your breakfast masterpiece:

bacon | mushrooms | asparagus | black olives
red onions | zucchini | jalapeño peppers
tomatoes | broccoli | feta goat cheese
chorizo sausage | spinach
sweet peppers | three-cheese blend

*** **ADDITIONAL ITEMS \$2** ***

Blueberry, Chocolate Chip, Banana or Cinnamon Apple Pancakes \$8

Pancakes \$7

Delicious, light and fluffy!

Gingerbread Pancakes \$9

Incredibly delicious! Served with applesauce.

Substitute: Real Canadian Maple Syrup \$2

Stuffed French Toast \$9

Rich and delicious! Stuffed with ricotta cheese and spiced apples makes this toast unbelievable.

French Toast \$7

French bread dipped in a cinnamon egg batter and grilled until golden brown.

Smoothie Bowl \$13

Ask your server for today's filling and refreshing blend of fruits & toppings!

Sunrise Sampler \$6

Two eggs and toast.

Lee's Loaded Oatmeal \$8

Served with toasted walnuts, hemp seeds, sliced almonds and bananas. Sprinkled with cinnamon.

 *Vegan Option Available! \$9*

Daily Breakfast Sandwich

Ask your server.

Carrot Zucchini Chip Muffin \$3.50

Made with almond flour & real local maple syrup, no refined sugar! *Ask server for other selection of muffins.*

Fruit Salad

Chilled, peeled and sliced fruit - market price.

SIDE

ORDERS

Sausage \$5 | Bacon \$5 | Back Bacon \$6

Kimchi \$6 | Kraut \$5 | Gluten Free Toast \$4

Toast \$3 | Home Fries \$5

Sliced Avocados \$3 | Energy Bites   \$3

BEVERAGES

Juices [Orange / Grapefruit / Cranberry / Tomato / Apple] \$3.50

Mineral Water: Spring or Sparkling \$3

Soft Drinks \$3.50 | Milk \$3.50 | Ice Tea \$3.50

Lemonade \$3.50 | Tea \$2.50 | Coffee \$2.50

Hot Chocolate \$3.50 *Served with whipped cream and chocolate drizzle.*

Vegan =  Gluten Free = 